



# POWERING AFFORDABLE CARE

Clinical drug monitoring solutions that take drug monitoring and medication adherence testing to the next level

Hospitals and health systems



## Leading the way with comprehensive resources to help identify and combat drug misuse

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**State-of-the-art technologies, 600 on-staff medical experts, fast turnaround**—a powerful combination of industry-leading resources to help protect your patients

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We recognize that clinical drug monitoring is not a one-size-fits-all solution. Hospitals and health systems need a flexible service that balances the right tests, with the right technologies, at the right cost, to meet the diverse needs of their providers, their patients, and the surrounding community.

That's why for decades, Quest Diagnostics has been trusted for our commitment to responsible clinical drug monitoring services that help minimize overtesting, while delivering insights that help you and your providers make more informed decisions in the fight against drug misuse.

Whether you're looking to start a clinical drug monitoring program or to supplement your existing program with additional testing services, we collaborate with you to bring the answers, services, and support you need to make a difference in your patients' lives.



# Comprehensive clinical drug monitoring, **your way**

Our state-of-the-art test menu offers a broad selection of definitive and presumptive tests and panels that cover prescribed, nonprescribed, and illicit substances. Tests are available to address the clinical needs of most patients and treatment regimens, including pain medications, stimulants, sedatives, antidepressants, antipsychotics, opioids, other controlled substances, as well as illicit drugs.

We offer flexible and scalable inpatient and outpatient tests to meet the needs of your system.

## Drug/drug class

Alcohol metabolites	Meperidine
Amphetamines	Methadone metabolite
Amphetamines d/l Isomers	Methamphetamine d/l isomers
Antidepressants	Methylphenidate
Antipsychotics	Mitragynine
Barbiturates	Naltrexone
Benzodiazepines	Opiates
Buprenorphine with Naloxone	Oxycodone
Carisoprodol	Phencyclidine
Cocaine metabolite	Pregabalin
Dextromethorphan	Propoxyphene
Eszopiclone	Synthetic cannabinoids
Fentanyl	Synthetic stimulants
Gabapentin	Tapentadol
Heroin metabolite	Tramadol
Ketamine	Tricyclic antidepressants
Marijuana metabolite	Zolpidem
MDMA/MDA	

## Definitive drug testing panels **now available**

When definitive testing is needed, our new definitive drug testing panels have you covered. Panels include the most commonly ordered substances and uses a smaller urine specimen—and with a fast turnaround. Results for all substances are delivered in 1 consolidated report, so you can take actions quickly to optimize patient care.

Please ask your Quest Diagnostics sales representative for the most current test menu.



# Data insights that empower better patient care, population health management, and public health policy



Our database of laboratory test results, complemented by our powerful data analysis systems, delivers deep insights for diagnosis. In addition, we have resources and tools that can help you manage and strengthen your clinical drug monitoring program.



Data-driven podcasts, webinars, videos, and other resources focused on recent drug testing and drug misuse research



State Monitors, regulatory updates, links to state and federal resources



Enhanced medMATCH® results with consolidated, easy-to-interpret reports



Seamless EHR integration via Quantum® Lab Services Manager for easy ordering and tracking of patient results



Hospital trend reporting that benchmarks your population's prescription compliance against local, regional, and national trends



Quarterly usage and positivity reports on a national, regional, and provider level that can help you manage your program. For enterprise-wide analytics, ask about our Quantum® solutions

## Quest Diagnostics Health Trends®— groundbreaking insights on drug misuse in the United States

Our most recent annual Health Trends study, **Drug Misuse in American 2021: Physician Perspectives and Diagnostic Insights on the Drug Crisis and COVID-19**, highlights how the pandemic has exacerbated the drug overdose and mental health crises, and addresses physicians' growing concerns that overdose deaths will continue to rise, even as the pandemic subsides.



# Take advantage of our **medMATCH reports**

Our medMATCH reports are designed to provide actionable insights with the goal of “at-a-glance” interpretation. The reports provide a summary of your patient’s consistent and inconsistent results for prescribed drugs, and also include reporting on nonprescribed, inconsistent drugs. This allows you to have a better view of drugs that your patient is taking, address any noncompliance issues, and be alerted to any potential drug misuse or dangerous drug combinations.

**medMATCH reports offer providers an intuitive, streamlined process from ordering to the delivery of the final report.**

medMATCH® Drug Monitoring Report			
medMATCH Summary <small>medMATCH indicates presence or absence of prescribed and non prescribed drugs. Prescribed drugs are provided by the ordering clinician.</small>			
Legend	Prescribed Consistent <small>Drugs prescribed and detected</small>	Prescribed Inconsistent <small>Drugs prescribed but not detected</small>	Not Prescribed Inconsistent <small>Drugs detected but not prescribed</small>
✓ = Consistent	✓ = Buprenorphine Nalox	✗ = Gabapentin	✗ = Ethyl Sulfate (ETS)
✗ = Inconsistent			
◆ = Prescribed			
Prescriptions reported by client with no testing ordered:		Zolpidem	
DRUG MONITORING, PANEL 8 WITH CONFIRMATION, URINE			
Alcohol Metabolites		POSITIVE	500 ng/mL
Ethyl Glucuronide (ETG)		NEGATIVE	500 ng/mL
Ethyl Sulfate (ETS)		100	100 ng/mL ✗ INCONSISTENT
Alcohol Metab Comments: See Alcohol Metab Notes, LDT Notes			
Amphetamines		NEGATIVE	500 ng/mL
Benzodiazepines		NEGATIVE	100 ng/mL
Buprenorphine		POSITIVE	5 ng/mL
◆ Buprenorphine	101	2 ng/mL	✓ CONSISTENT
◆ Norbuprenorphine	105	2 ng/mL	✓ CONSISTENT
◆ Naloxone	110	2 ng/mL	✓ CONSISTENT
Buprenorphine Comments: See Buprenorphine Notes, LDT Notes			

medMATCH Summary expanded to 3 categories

Alerts clinician to nontested prescription drugs

Inconsistent results are flagged

Drug-class-specific notes and lab-developed test (LDT) notes are consolidated and listed at the end of report

Consistent results for prescribed drugs are flagged

## Advocacy for **better health** and **patient safety**

Quest Diagnostics agrees with the CDC and multiple regulatory and watchdog organizations, drug monitoring is the standard of care when controlled substances are prescribed. A universal, system-wide drug testing process to monitor medication adherence is essential to help ensure patient compliance, and to identify harmful drug interactions, misuse, abuse, and diversion.

With a broad selection of tests, fast turnaround time, and accessible results available at the right cost, we can help you efficiently make informed care decisions.

- **Monitoring** may help compliant patients maintain access to important drug therapies
- **Test results** may identify potentially harmful noncompliance
- **Reports** can be used as an educational tool in clinician-patient conversations
- **Efficient performance** for fast turnaround time
- **Broad health plan coverage** to make testing accessible and affordable for more patients
- **Patient adherence** supported and encouraged by MyQuest®












# Rely on an experienced and trusted leader in clinical drug monitoring

Hospitals, health systems, pain clinics, rehabilitation clinics, and individual medical practices trust Quest for their clinical drug monitoring. Why? Quest Diagnostics helps protect your patients, your providers, and your organization with state-of-the-art testing, including an extensive menu for prescription pain medications, other controlled substances, and illicit drugs. With fast turnaround, accurate results, an industry-leading testing portfolio, and an array of on-staff toxicologists and medical experts, Quest is committed to working with you to provide the services, results, and insights you need at each stage of your patient's care.

## Our state-of-the-art drug testing offering

-  **Comprehensive menu**—Prescription drugs used in treatment of chronic pain, ADHD, anxiety, depression, substance use disorder, other controlled medications, and substances of abuse
-  **Performance**—High-sensitivity, low cut-off levels designed to detect drugs at typical dosage levels. Fast turnaround time and results confirmation
-  **Reporting**—Optional medMATCH results interpretation: “Inconsistent” when results do not match prescriptions provided by clinician. Quarterly practice-level data and analytics
-  **Connectivity and service**—Exceptional service and efficiency that aligns with your workflow. Connectivity with over 600 EMR systems
-  **Medical expertise**—600 in-house medical and scientific experts are available for consultation, including leading researchers and clinicians in toxicology, pain management, and mental health disorders
-  **Dedicated toxicology line**—Toxicology experts to answer questions on test selection and results interpretation at 1.877.40.RXTOX (1.877.407.9869)
-  **No surprise bills**—We're in-network for >90% of lives nationwide and have preferred lab network status with major health plans—a connection that enables us to deliver real-time pricing for patients at the time of service

Quest Diagnostics offers a unique combination of insights, answers, and advocacy you won't experience with any other lab partner.

**For more information, contact your Quest Diagnostics sales representative at 1.866.MYQUEST (1.866.697.8378) or visit [QuestDrugMonitoring.com](https://www.questdiagnostics.com)**



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